



# MIAC Outdoor Performance List

## 100 Meters

	Athlete	Year	Team	Time	Meet	Meet Date	Wind
1	McLoone, Delaney	SR-4	St. Thomas (Minn.)	12.26	NCAA Final Qualifier @ UW-La Crosse	May 19, 2021	2.3
2	Nelson, Birgen	FR-1	Gustavus Adolphus	12.40	Carleton Relays	Apr 16, 2021	0.5
3	Stellmach, Sarah	FR-1	St. Thomas (Minn.)	12.41	2021 MIAC Outdoor Track & Field Championships	May 14, 2021	-0.7
4	Lewis, Jada	SR-4	Augsburg	12.46	Holst Invitational	Apr 17, 2021	2.8
5	Babalola, Jireh	FR-1	Bethel (Minn.)	12.57	2021 MIAC Outdoor Track & Field Championships	May 14, 2021	-0.7
6	Scott, Grace	SO-2	Bethel (Minn.)	12.59	Kent Stahly Invitational	Apr 17, 2021	1.7
7	Dolby, Maddy	SO-2	St. Thomas (Minn.)	12.70	NCAA Final Qualifier @ UW-La Crosse	May 19, 2021	2.3
8	Gallagher, Kate	FR-1	St. Benedict	12.77	Saint John's Last Minute Meet	Apr 10, 2021	1.9
9	Brown, Madison	SR-4	St. Benedict	12.80	Saint John's 4th Weekly Invitational	Apr 17, 2021	1.4
10	Lowe, Tisana	FR-1	Hamline	12.81	Hamline Easter Eve Invite	Apr 3, 2021	0.4
11	Walgrave, Tay	FR-1	St. Thomas (Minn.)	12.87	CSB / SJU Outdoor Meet	Mar 27, 2021	0.8
12	Ramberg, Sierra	FR-1	Concordia-Moorhead	12.89	Ron Masanz Track & Field Classic	Apr 30, 2021	-3.6
13	Logelin, Ellie	FR-1	Hamline	12.98	Rider / Bolstorff Invitational	May 1, 2021	+0.0
14	Richards, Lauren	FR-1	Bethel (Minn.)	13.04	Kent Stahly Invitational	Apr 17, 2021	1.7
15	Klausler, Sydney	SO-2	Saint Mary's (Minn.)	13.07	Kent Stahly Invitational	Apr 17, 2021	1.7
16	Roberts, Riley	FR-1	Carleton	13.12	Rider / Bolstorff Invitational	May 1, 2021	+0.0
17	Miller, Cecelia	SO-2	Hamline	13.14	Kent Stahly Invitational	Apr 17, 2021	2.2
18	Schurrer, Alica	SO-2	Saint Mary's (Minn.)	13.15	University of St. Thomas Tomcat Invitational	Apr 30, 2021	1.7
19	Adebisi, Victoria	FR-1	Gustavus Adolphus	13.20	Carleton Relays	Apr 16, 2021	0.5
20	Speidel, Dacoda	JR-3	St. Benedict	13.21	2021 MIAC Outdoor Track & Field Championships	May 14, 2021	-1.7
21	Jones, Ashlyn	JR-3	St. Thomas (Minn.)	13.26	CSB / SJU Outdoor Meet	Mar 27, 2021	0.8
21	Johnson, Hailey	SO-2	St. Benedict	13.26	Saint John's 4th Weekly Invitational	Apr 17, 2021	1.4
23	Hunter, Penny	FR-1	Macalester	13.29	St. Olaf Ole Open	May 8, 2021	-0.2
24	Nichols, Claire	FR-1	St. Catherine (Minn.)	13.30	Holst Invitational	Apr 17, 2021	3.2
24	Patterson, Paige	JR-3	Gustavus Adolphus	13.30	Carleton Relays	Apr 16, 2021	1.6
26	Guler, Maddie	FR-1	Concordia-Moorhead	13.32	South Dakota Tune-up	May 7, 2021	3.0
27	Heinecke, Carlie	SO-2	Concordia-Moorhead	13.33	NSU Spring Open	Apr 24, 2021	1.3
28	Mitch, Laura	JR-3	St. Benedict	13.39	Saint John's Last Minute Meet	Apr 10, 2021	1.3
28	Zdechlik, Grace	JR-3	St. Benedict	13.39	Saint John's 4th Weekly Invitational	Apr 17, 2021	NWI

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Wind</b>
30	Gilbert, Briana	FR-1	Hamline	13.42	Saint John's Last Minute Meet	Apr 10, 2021	1.3

## 200 Meters

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Wind</b>
1	McLoone, Delaney	SR-4	St. Thomas (Minn.)	24.92	2021 MIAC Outdoor Track & Field Championships	May 14, 2021	2.1
2	Nelson, Birgen	FR-1	Gustavus Adolphus	25.02	Tribute Twilight #2020 @ UW-La Crosse	Apr 2, 2021	2.8
3	Walgrave, Tay	FR-1	St. Thomas (Minn.)	25.17	2021 MIAC Outdoor Track & Field Championships	May 14, 2021	2.1
4	Sankey, Hannah	JR-3	Bethel (Minn.)	25.97	Kent Stahly Invitational	Apr 17, 2021	1.6
5	Lewis, Jada	SR-4	Augsburg	26.03	2021 MIAC Outdoor Track & Field Championships	May 14, 2021	2.1
6	Brown, Madison	SR-4	St. Benedict	26.13	2021 MIAC Outdoor Track & Field Championships	May 14, 2021	2.1
7	Stellmach, Sarah	FR-1	St. Thomas (Minn.)	26.14	St. Olaf Meet of the Saints	Apr 23, 2021	-0.8
8	Adebisi, Victoria	FR-1	Gustavus Adolphus	26.35	2021 MIAC Outdoor Track & Field Championships	May 14, 2021	2.1
9	Amundson, Journey	SO-2	Macalester	26.36	2021 MIAC Outdoor Track & Field Championships	May 14, 2021	2.1
10	Klausler, Sydney	SO-2	Saint Mary's (Minn.)	26.46	2021 MIAC Outdoor Track & Field Championships	May 14, 2021	2.1
11	Pettitt-Kenney, Teresa	SO-2	St. Olaf	26.67	Rider / Bolstorff Invitational	May 1, 2021	1.4
12	Kroschel, Karla	FR-1	St. Olaf	26.78	Rider / Bolstorff Invitational	May 1, 2021	1.4
13	McGuire, Grace	JR-3	St. Thomas (Minn.)	26.79	CSB / SJU Outdoor Meet	Mar 27, 2021	0.4
14	Selle, Peyton	FR-1	Concordia-Moorhead	26.82	NCC Gregory Final Qualifier Track & Field Meet-2021	May 19, 2021	3.0
15	Logelin, Ellie	FR-1	Hamline	26.91	Hamline Showcase	Apr 23, 2021	-0.5
16	Scott, Grace	SO-2	Bethel (Minn.)	26.97	University of St. Thomas Tomcat Invitational	Apr 30, 2021	-0.6
17	Nordberg, Britta	FR-1	Bethel (Minn.)	26.98	University of St. Thomas Tomcat Invitational	Apr 30, 2021	-0.6
18	Hunter, Penny	FR-1	Macalester	27.02	St. Olaf Ole Open	May 8, 2021	-1.4
19	Airoldi, Eva	JR-3	Carleton	27.03	Rider / Bolstorff Invitational	May 1, 2021	1.4
20	Joens, Bailey	SR-4	Saint Mary's (Minn.)	27.05	Augustana College Midwest Twilight Final Qualifier	May 20, 2021	1.6
20	Gregor, Sara	SO-2	Macalester	27.05	Rider / Bolstorff Invitational	May 1, 2021	1.4
20	Gearin, Caroline	FR-1	Saint Mary's (Minn.)	27.05	University of St. Thomas Tomcat Invitational	Apr 30, 2021	-0.6
23	Dolby, Maddy	SO-2	St. Thomas (Minn.)	27.21	Saint John's 4th Weekly Invitational	Apr 17, 2021	1.7
24	Speidel, Dacoda	JR-3	St. Benedict	27.24	2021 MIAC Outdoor Track & Field Championships	May 14, 2021	-0.6
25	Gallagher, Kate	FR-1	St. Benedict	27.31	2021 MIAC Outdoor Track & Field Championships	May 14, 2021	-1.0
26	Salfer, Rebekah	SO-2	St. Olaf	27.45	MIAC Multi Events	May 6, 2021	1.5
27	Roberts, Riley	FR-1	Carleton	27.46	Carleton Relays	Apr 16, 2021	1.7
28	Guler, Maddie	FR-1	Concordia-Moorhead	27.47	South Dakota Tune-up	May 7, 2021	1.8
29	Johnson, Hailey	SO-2	St. Benedict	27.48	CSB / SJU Outdoor Meet	Mar 27, 2021	0.4
30	Marsh, Sydney	JR-3	Carleton	27.52	MIAC Multi Events	May 6, 2021	1.5

## 400 Meters

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>
1	Sankey, Hannah	JR-3	Bethel (Minn.)	56.30	NCAA Final Qualifier @ UW-La Crosse	May 19, 2021
2	Gearin, Caroline	FR-1	Saint Mary's (Minn.)	57.82	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
3	McGuire, Grace	JR-3	St. Thomas (Minn.)	57.89	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
4	Nordberg, Britta	FR-1	Bethel (Minn.)	58.44	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
5	Maddux, Alexandra	SO-2	Hamline	58.48	Kent Stahly Invitational	Apr 17, 2021
6	Stellmach, Sarah	FR-1	St. Thomas (Minn.)	58.74	St. Olaf Meet of the Saints	Apr 23, 2021
7	Nelson, Birgen	FR-1	Gustavus Adolphus	58.88	St. Thomas Tommie Twilight	May 5, 2021
8	Bernardy, Lindsey	FR-1	Hamline	58.99	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
9	Moen, Sara	JR-3	Gustavus Adolphus	59.83	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
10	Cordova, Ineke	JR-3	Carleton	1:00.36	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
11	Herrmann, Josie	SR-4	Concordia-Moorhead	1:00.72	Saint John's Last Minute Meet	Apr 10, 2021
12	Klingelhutz, Kelly	SR-4	St. Benedict	1:00.78	CSB / SJU Outdoor Meet	Mar 27, 2021
13	Ganley, Mirijana	FR-1	Saint Mary's (Minn.)	1:00.91	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
14	Donnelly, Elizabeth	SO-2	Gustavus Adolphus	1:01.17	Tribute Twilight #2020 @ UW-La Crosse	Apr 2, 2021
15	Brockberg, Emily	FR-1	Bethel (Minn.)	1:01.18	Kent Stahly Invitational	Apr 17, 2021
16	Krasowski, Casey	JR-3	St. Benedict	1:01.22	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
17	Hauch, Jena	SR-4	St. Olaf	1:01.23	St. Olaf Meet of the Saints	Apr 23, 2021
18	Ihde, Annessa	FR-1	Bethel (Minn.)	1:01.30	St. Thomas Tommie Twilight	May 5, 2021
19	Brown, Makenna	FR-1	Bethel (Minn.)	1:01.68	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
19	Pettitt-Kenney, Teresa	SO-2	St. Olaf	1:01.68	University of St. Thomas Tomcat Invitational	Apr 30, 2021
21	Lyrek, Amaya	SO-2	St. Thomas (Minn.)	1:01.97	University of St. Thomas Tomcat Invitational	Apr 30, 2021
22	Hoelscher, Lucy	SO-2	Hamline	1:02.04	Rider / Bolstorff Invitational	May 1, 2021
23	Mitch, Laura	JR-3	St. Benedict	1:02.55	University of St. Thomas Tomcat Invitational	Apr 30, 2021
24	Swanson, Anna	FR-1	Saint Mary's (Minn.)	1:02.64	University of St. Thomas Tomcat Invitational	Apr 30, 2021
25	Kropp, Amy	JR-3	Carleton	1:02.83	St. Olaf Ole Open	May 8, 2021
26	Fornshell, Carly	SR-4	Concordia-Moorhead	1:02.87	Saint John's Last Minute Meet	Apr 10, 2021
27	Bishop, Mya	FR-1	Augsburg	1:02.91	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
28	Adebisi, Victoria	FR-1	Gustavus Adolphus	1:03.06	Maverick Classic	May 7, 2021
29	Swenson, Abbie	FR-1	Bethel (Minn.)	1:03.11	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
30	Gerber, Grace	SO-2	St. Thomas (Minn.)	1:03.51	University of St. Thomas Tomcat Invitational	Apr 30, 2021

## 800 Meters

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>
1	Herrmann, Josie	SR-4	Concordia-Moorhead	2:11.67	2021 MIAC Outdoor Track & Field Championships	May 14, 2021

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>
2	Maddux, Alexandra	SO-2	Hamline	2:12.68	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
3	Ihde, Annessa	FR-1	Bethel (Minn.)	2:13.71	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
4	Hauch, Jena	SR-4	St. Olaf	2:15.57	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
5	Donnelly, Elizabeth	SO-2	Gustavus Adolphus	2:16.55	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
6	Lyrek, Amaya	SO-2	St. Thomas (Minn.)	2:17.51	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
7	Moen, Sara	JR-3	Gustavus Adolphus	2:18.06	Carleton Relays	Apr 16, 2021
8	Mickelson, Ellen	JR-3	St. Olaf	2:19.27	St. Olaf Ole Open	May 8, 2021
9	O'Connor, Quinn	SR-4	St. Thomas (Minn.)	2:19.85	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
10	Dolan, Helen	JR-3	Hamline	2:20.09	Kent Stahly Invitational	Apr 17, 2021
11	Gerber, Grace	SO-2	St. Thomas (Minn.)	2:20.31	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
12	Smith, Fiona	FR-1	St. Benedict	2:21.52	St. Thomas Tommie Twilight	May 5, 2021
13	Cutter, Alice	FR-1	Carleton	2:21.60	St. Thomas Tommie Twilight	May 5, 2021
14	Hoelscher, Lucy	SO-2	Hamline	2:21.74	Hamline Showcase	Apr 23, 2021
15	Cater, Paige	SR-4	St. Thomas (Minn.)	2:21.84	St. Thomas Tommie Twilight	May 5, 2021
16	Posey, Sam	SO-2	St. Olaf	2:22.65	St. Olaf Ole Open	May 8, 2021
17	Rohrer, Kristina	FR-1	St. Olaf	2:22.93	St. Olaf Ole Open	May 8, 2021
18	Simon, Jaycie	SO-2	St. Thomas (Minn.)	2:23.50	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
19	Blake, Josie	JR-3	Gustavus Adolphus	2:23.68	Carleton Relays	Apr 16, 2021
20	Gebert, Katie	FR-1	St. Olaf	2:24.52	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
21	Martin, Juliette	SR-4	St. Catherine (Minn.)	2:24.58	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
22	Mayfield, Clara	SO-2	Carleton	2:24.81	Carleton Relays	Apr 16, 2021
23	Brockberg, Emily	FR-1	Bethel (Minn.)	2:24.86	University of St. Thomas Tomcat Invitational	Apr 30, 2021
24	McMahon, Riley	SR-4	St. Catherine (Minn.)	2:24.97	University of St. Thomas Tomcat Invitational	Apr 30, 2021
25	Farrell, Eve	JR-3	Carleton	2:25.01	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
26	Gearin, Caroline	FR-1	Saint Mary's (Minn.)	2:25.17	SMU Drake Alternative	Apr 24, 2021
26	Kropp, Amy	JR-3	Carleton	2:25.17	St. Thomas Tommie Twilight	May 5, 2021
28	Swanson, Anna	FR-1	Saint Mary's (Minn.)	2:25.25	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
29	Cutlan, Marissa	FR-1	Bethel (Minn.)	2:25.39	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
30	Cole, Grace	SO-2	Bethel (Minn.)	2:25.40	University of St. Thomas Tomcat Invitational	Apr 30, 2021

## 1500 Meters

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>
1	Mickelson, Ellen	JR-3	St. Olaf	4:33.59	NCAA Division III Outdoor Track & Field Championships	May 27, 2021
2	Herrmann, Josie	SR-4	Concordia-Moorhead	4:33.94	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
3	Smith, Fiona	FR-1	St. Benedict	4:38.91	2021 MIAC Outdoor Track & Field Championships	May 14, 2021

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>
4	Blaesing, Maria	FR-1	Macalester	4:44.00	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
5	Mayfield, Clara	SO-2	Carleton	4:45.17	Carleton Relays	Apr 16, 2021
6	Dolan, Helen	JR-3	Hamline	4:48.11	Hamline Easter Eve Invite	Apr 3, 2021
7	McMahon, Riley	SR-4	St. Catherine (Minn.)	4:48.40	University of St. Thomas Tomcat Invitational	Apr 30, 2021
8	Blake, Josie	JR-3	Gustavus Adolphus	4:48.80	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
9	Miller, Meritt	SR-4	Concordia-Moorhead	4:49.01	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
10	Cole, Grace	SO-2	Bethel (Minn.)	4:49.89	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
11	Blanchard, Mary	FR-1	Carleton	4:50.54	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
12	Maddux, Alexandra	SO-2	Hamline	4:50.80	Saint John's Last Minute Meet	Apr 10, 2021
13	Paulsen, Rhynn	FR-1	St. Thomas (Minn.)	4:50.85	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
14	Call, Sophie	FR-1	St. Olaf	4:51.56	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
15	Posey, Sam	SO-2	St. Olaf	4:51.63	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
16	Mosborg, Amanda	SR-4	Carleton	4:53.61	Rider / Bolstorff Invitational	May 1, 2021
17	Donnelly, Elizabeth	SO-2	Gustavus Adolphus	4:53.84	Lee Krough Invitational	Apr 10, 2021
18	Miller, Sara	SR-4	St. Thomas (Minn.)	4:54.80	Saint John's 4th Weekly Invitational	Apr 17, 2021
19	Bolcer, Christina	FR-1	St. Thomas (Minn.)	4:55.00	University of St. Thomas Tomcat Invitational	Apr 30, 2021
20	Moll, Olivia	JR-3	St. Thomas (Minn.)	4:56.70	Saint John's 4th Weekly Invitational	Apr 17, 2021
21	Cross, Helen	FR-1	Carleton	4:57.95	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
22	Stern, Lena	JR-3	Macalester	4:58.21	Carleton Relays	Apr 16, 2021
23	Miest, Mackinzee	SO-2	Gustavus Adolphus	4:58.80	NSIC & Friends Outdoor Challenge	May 1, 2021
24	Renier, Tracy	JR-3	St. Benedict	4:59.08	University of St. Thomas Tomcat Invitational	Apr 30, 2021
25	O'Connor, Quinn	SR-4	St. Thomas (Minn.)	4:59.34	University of St. Thomas Tomcat Invitational	Apr 30, 2021
26	Stovall, Maya	SO-2	Carleton	4:59.42	St. Thomas Tommie Twilight	May 5, 2021
27	Whitcomb, Elizabeth	JR-3	Gustavus Adolphus	4:59.76	St. Thomas Tommie Twilight	May 5, 2021
28	Paulsen, Tayler	SR-4	St. Olaf	5:00.12	St. Olaf Ole Open	May 8, 2021
29	Leslie, Grace	SR-4	Carleton	5:00.55	St. Thomas Tommie Twilight	May 5, 2021
30	Seaton, Ali	FR-1	St. Olaf	5:01.33	St. Olaf Ole Open	May 8, 2021

## 5000 Meters

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>
1	Smith, Fiona	FR-1	St. Benedict	16:45.74	NCAA Division III Outdoor Track & Field Championships	May 27, 2021
2	Dolan, Helen	JR-3	Hamline	16:56.99	Hamline Showcase	Apr 23, 2021
3	Mayfield, Clara	SO-2	Carleton	17:04.46	St. Thomas Tommie Twilight	May 5, 2021
4	Mosborg, Amanda	SR-4	Carleton	17:10.19	St. Thomas Tommie Twilight	May 5, 2021
5	Miller, Sara	SR-4	St. Thomas (Minn.)	17:38.30	St. Thomas Tommie Twilight	May 5, 2021

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>
6	Moll, Olivia	JR-3	St. Thomas (Minn.)	17:43.08	St. Thomas Tommie Twilight	May 5, 2021
7	Bolcer, Christina	FR-1	St. Thomas (Minn.)	18:07.09	St. Thomas Tommie Twilight	May 5, 2021
8	Blaesing, Maria	FR-1	Macalester	18:14.06	Carleton Relays	Apr 16, 2021
9	Swanson, Erika	FR-1	Bethel (Minn.)	18:19.26	St. Thomas Tommie Twilight	May 5, 2021
10	Hage, Anna	JR-3	Bethel (Minn.)	18:20.26	St. Thomas Tommie Twilight	May 5, 2021
11	McMahon, Riley	SR-4	St. Catherine (Minn.)	18:25.94	Spartan Invitational	Apr 9, 2021
12	Miest, Mackinzee	SO-2	Gustavus Adolphus	18:31.41	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
13	Engebretson, Lily	FR-1	Gustavus Adolphus	18:35.71	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
14	Bolcer, Gabbie	JR-3	St. Thomas (Minn.)	18:36.79	St. Thomas Tommie Twilight	May 5, 2021
15	Severson, Julia	SO-2	Gustavus Adolphus	18:37.36	Tribute Twilight #2020 @ UW-La Crosse	Apr 2, 2021
16	Paulsen, Rhyann	FR-1	St. Thomas (Minn.)	18:39.79	St. Thomas Tommie Twilight	May 5, 2021
17	Moorjani, Raina	FR-1	Bethel (Minn.)	18:43.08	St. Thomas Tommie Twilight	May 5, 2021
18	Shapiro, Sarah	SO-2	Carleton	18:45.23	St. Thomas Tommie Twilight	May 5, 2021
19	Ward, Phoebe	FR-1	Carleton	18:46.48	St. Thomas Tommie Twilight	May 5, 2021
20	Kiolbasa, Annie	FR-1	St. Benedict	18:47.01	St. Thomas Tommie Twilight	May 5, 2021
21	Mader, Emma	SO-2	Hamline	18:47.17	St. Thomas Tommie Twilight	May 5, 2021
22	Borgmann, Marte	SO-2	Carleton	18:47.37	St. Thomas Tommie Twilight	May 5, 2021
23	Kulseth, Kourtney	JR-3	Gustavus Adolphus	18:48.20	Tribute Twilight #2020 @ UW-La Crosse	Apr 2, 2021
24	Helgeson, Gwen	SO-2	St. Thomas (Minn.)	18:51.83	St. Thomas Tommie Twilight	May 5, 2021
25	Kemp, Ellen	SR-4	St. Olaf	18:54.45	St. Thomas Tommie Twilight	May 5, 2021
26	Markowski, Lauren	SR-4	St. Olaf	18:55.91	St. Thomas Tommie Twilight	May 5, 2021
27	Everest, Julia	FR-1	St. Olaf	19:01.80	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
28	Wachowiak, Jena	SR-4	St. Benedict	19:07.68	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
29	DeMorett, Emily	SO-2	St. Benedict	19:09.40	CSB / SJU Outdoor Meet	Mar 27, 2021
30	Pihlaja, Allegra	JR-3	Carleton	19:14.33	St. Thomas Tommie Twilight	May 5, 2021

## 10000 Meters

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>
1	Mayfield, Clara	SO-2	Carleton	35:33.86	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
2	Miller, Sara	SR-4	St. Thomas (Minn.)	36:46.92	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
3	Moll, Olivia	JR-3	St. Thomas (Minn.)	37:12.89	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
4	Miest, Mackinzee	SO-2	Gustavus Adolphus	38:12.45	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
5	DeMorett, Emily	SO-2	St. Benedict	39:26.50	Saint John's Last Minute Meet	Apr 10, 2021
6	Kemp, Ellen	SR-4	St. Olaf	39:27.12	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
7	Markowski, Lauren	SR-4	St. Olaf	39:35.86	2021 MIAC Outdoor Track & Field Championships	May 14, 2021

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>
8	Moorjani, Raina	FR-1	Bethel (Minn.)	39:36.19	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
9	Bolcer, Gabbie	JR-3	St. Thomas (Minn.)	39:41.26	Hamline Showcase	Apr 23, 2021
10	Helgeson, Gwen	SO-2	St. Thomas (Minn.)	39:41.37	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
11	Wachowiak, Jena	SR-4	St. Benedict	40:01.20	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
12	Shapiro, Sarah	SO-2	Carleton	40:19.47	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
13	Ramon, Iliana	SO-2	Gustavus Adolphus	40:36.41	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
14	Landsverk, Amelia	SO-2	Concordia-Moorhead	40:44.52	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
15	Clark, Julia	SR-4	St. Catherine (Minn.)	41:07.10	Spartan Invitational	Apr 9, 2021
16	Hardwick, Laura	FR-1	Bethel (Minn.)	41:10.09	Hamline Showcase	Apr 23, 2021
17	Rude, Kennedy	SR-4	St. Benedict	41:34.29	Saint John's Last Minute Meet	Apr 10, 2021
18	Norvell, Seneca	SO-2	St. Olaf	42:52.58	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
19	Gordon, Holly	SR-4	St. Olaf	43:31.24	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
20	Kvebak, Elizabeth	JR-3	Gustavus Adolphus	44:36.91	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
21	Danzl, Emily	SR-4	Hamline	44:46.30	2021 MIAC Outdoor Track & Field Championships	May 14, 2021

## 100 Hurdles

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Wind</b>
1	Nelson, Birgen	FR-1	Gustavus Adolphus	13.90	NCAA Division III Outdoor Track & Field Championships	May 27, 2021	1.0
2	Sealock, Kelsie	FR-1	Bethel (Minn.)	13.94	NCAA Division III Outdoor Track & Field Championships	May 27, 2021	1.7
3	Walgrave, Tay	FR-1	St. Thomas (Minn.)	14.25	NCAA Final Qualifier @ UW-La Crosse	May 19, 2021	0.8
4	Nelson, AnnaGrace	FR-1	Bethel (Minn.)	15.60	Kent Stahly Invitational	Apr 17, 2021	1.9
5	Bodin, Gabby	FR-1	St. Catherine (Minn.)	15.63	2021 MIAC Outdoor Track & Field Championships	May 14, 2021	-1.1
6	Salfer, Rebekah	SO-2	St. Olaf	15.68	NCAA Final Qualifier @ UW-La Crosse	May 19, 2021	0.8
7	Selle, Peyton	FR-1	Concordia-Moorhead	15.71	NCC Gregory Final Qualifier Track & Field Meet-2021	May 19, 2021	3.4
7	Miller, Cecelia	SO-2	Hamline	15.71	2021 MIAC Outdoor Track & Field Championships	May 14, 2021	-0.1
9	Pickthorn, Stephanie	JR-3	St. Benedict	15.78	2021 MIAC Outdoor Track & Field Championships	May 14, 2021	0.2
10	Gray, Sydney	SO-2	St. Thomas (Minn.)	15.89	Falcon Invite	Apr 10, 2021	2.2
10	Blanchette, Grace	SO-2	Carleton	15.89	2021 MIAC Outdoor Track & Field Championships	May 14, 2021	0.2
12	Paul, Sally	JR-3	Bethel (Minn.)	16.04	MIAC Multi Events	May 6, 2021	3.3
13	Poore, Riki	FR-1	St. Olaf	16.28	St. Olaf Ole Open	May 8, 2021	1.3
14	Lilleberg, Nicole	JR-3	Concordia-Moorhead	16.32	2021 MIAC Outdoor Track & Field Championships	May 14, 2021	-2.6
15	Forness, Lauren	SO-2	Concordia-Moorhead	16.33	St. Olaf Ole Open	May 8, 2021	1.3
16	Loving, Jasmine	SR-4	Macalester	16.68	2021 MIAC Outdoor Track & Field Championships	May 14, 2021	-1.1
17	Miller, Danielle	FR-1	Gustavus Adolphus	16.71	2021 MIAC Outdoor Track & Field Championships	May 14, 2021	-1.1
18	Carpenter, Raegan	FR-1	Hamline	16.75	2021 MIAC Outdoor Track & Field Championships	May 14, 2021	-1.1

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>	<b>Wind</b>
19	Studer, Rachel	JR-3	Gustavus Adolphus	16.79	Carleton Relays	Apr 16, 2021	3.1
19	Lundquist, Elsie	SR-4	St. Catherine (Minn.)	16.79	Hamline Easter Eve Invite	Apr 3, 2021	0.5
21	Boyum, Julianna	FR-1	Hamline	16.95	Kent Stahly Invitational	Apr 17, 2021	1.9
22	Stackhouse , Ally	FR-1	Bethel (Minn.)	16.96	Falcon Invite	Apr 10, 2021	2.2
23	Joens, Bailey	SR-4	Saint Mary's (Minn.)	17.36	MIAC Multi Events	May 6, 2021	2.0
24	Marsh, Sydney	JR-3	Carleton	17.37	MIAC Multi Events	May 6, 2021	1.7
25	Zaske, Mikayla	FR-1	Gustavus Adolphus	17.39	Carleton Relays	Apr 16, 2021	3.1
26	Hoff, Olivia	JR-3	St. Benedict	17.44	CSB / SJU Outdoor Meet	Mar 27, 2021	1.1
27	King, Hannah	FR-1	Bethel (Minn.)	17.52	University of St. Thomas Tomcat Invitational	Apr 30, 2021	0.9
28	Garcia Balmaceda, Cynthia	SO-2	Bethel (Minn.)	17.55	Kent Stahly Invitational	Apr 17, 2021	2.3
29	Ende, Kayla	SO-2	Bethel (Minn.)	17.56	St. Thomas Tommie Twilight	May 5, 2021	1.5
30	Zamacona, Aoife	SO-2	Hamline	17.97	Hamline Easter Eve Invite	Apr 3, 2021	0.5

## 400 Hurdles

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>
1	Nelson, Birgen	FR-1	Gustavus Adolphus	1:01.95	NSIC & Friends Outdoor Challenge	May 1, 2021
2	Turek, Mikayla	FR-1	Bethel (Minn.)	1:03.48	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
3	Cater, Paige	SR-4	St. Thomas (Minn.)	1:03.92	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
4	Salfer, Rebekah	SO-2	St. Olaf	1:06.45	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
5	Fornshell, Carly	SR-4	Concordia-Moorhead	1:06.62	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
6	Poore, Riki	FR-1	St. Olaf	1:07.12	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
7	Mahota, Maggie	JR-3	St. Benedict	1:07.45	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
8	DeKnikker, Karley	JR-3	Gustavus Adolphus	1:07.82	NSIC & Friends Outdoor Challenge	May 1, 2021
9	Lorenz, Kelly	SO-2	Concordia-Moorhead	1:08.15	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
10	Smith , Jessie	FR-1	Bethel (Minn.)	1:08.32	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
11	McNaughton, Mara	SO-2	St. Thomas (Minn.)	1:09.92	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
12	Studer, Rachel	JR-3	Gustavus Adolphus	1:10.90	Lee Krough Invitational	Apr 10, 2021
13	Lilleberg, Nicole	JR-3	Concordia-Moorhead	1:11.45	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
14	Zaske, Mikayla	FR-1	Gustavus Adolphus	1:12.63	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
15	Aurelius, Andreiana	FR-1	Hamline	1:14.28	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
16	Danielzuk, Katie	FR-1	Hamline	1:14.37	Kent Stahly Invitational	Apr 17, 2021
17	Hobby, Sarah Beth	FR-1	Macalester	1:14.70	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
18	Thompson, Taylor	JR-3	Gustavus Adolphus	1:14.81	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
19	Cutter, Alice	FR-1	Carleton	1:17.13	Carleton Relays	Apr 16, 2021
20	Weberg, Molly	FR-1	Gustavus Adolphus	1:18.87	NSIC & Friends Outdoor Challenge	May 1, 2021

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>
21	Zamacona, Aoife	SO-2	Hamline	1:19.21	St. Thomas Tommie Twilight	May 5, 2021

## 3000 Steeplechase

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Time</b>	<b>Meet</b>	<b>Meet Date</b>
1	McMahon, Riley	SR-4	St. Catherine (Minn.)	11:08.93	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
2	Renier, Tracy	JR-3	St. Benedict	11:21.72	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
3	Paulsen, Tayler	SR-4	St. Olaf	11:24.56	St. Thomas Tommie Twilight	May 5, 2021
4	Severson, Julia	SO-2	Gustavus Adolphus	11:35.73	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
5	Kulseth, Kourtney	JR-3	Gustavus Adolphus	11:43.32	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
6	Swanson, Erika	FR-1	Bethel (Minn.)	11:43.67	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
7	Burns, Hannah	SO-2	St. Thomas (Minn.)	11:48.56	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
8	Hubbell, Harriet	SR-4	St. Thomas (Minn.)	11:49.17	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
9	Leslie, Grace	SR-4	Carleton	11:55.66	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
10	Ede, Morgan	FR-1	St. Thomas (Minn.)	12:03.07	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
11	Tuvey, Amanda	FR-1	Saint Mary's (Minn.)	12:03.20	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
12	VanderWilde, Bailey	FR-1	St. Olaf	12:10.73	St. Olaf Meet of the Saints	Apr 23, 2021
13	Cole, Grace	SO-2	Bethel (Minn.)	12:17.75	CSB / SJU Outdoor Easter Meet	Apr 2, 2021
14	Newman, Julia	FR-1	St. Olaf	12:19.91	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
15	Maahs, Keiley	FR-1	St. Benedict	12:30.66	CSB / SJU Outdoor Easter Meet	Apr 2, 2021
16	Yeager, Elise	FR-1	St. Benedict	12:38.92	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
17	Weberg, Molly	FR-1	Gustavus Adolphus	12:43.32	Maverick Classic	May 7, 2021
18	Cutlan, Marissa	FR-1	Bethel (Minn.)	12:45.13	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
19	Lorenz, Kelly	SO-2	Concordia-Moorhead	12:51.15	NSU Spring Open	Apr 24, 2021
20	Tillman, Lauren	FR-1	Gustavus Adolphus	13:28.31	Maverick Classic	May 7, 2021
21	Petersen, Klaire	FR-1	Hamline	13:28.54	St. Thomas Tommie Twilight	May 5, 2021
22	Nelson, Brenna	FR-1	St. Catherine (Minn.)	14:44.91	St. Olaf Meet of the Saints	Apr 23, 2021
23	Doyle, Nora	JR-3	St. Benedict	15:06.92	Saint John's 4th Weekly Invitational	Apr 17, 2021

## 4 x 100 Relay

	<b>Team</b>	<b>Time</b>	<b>Athletes</b>	<b>Meet</b>	<b>Meet Date</b>
1	St. Thomas (Minn.)	47.54	McLoone, Walgrave, Dolby, Stellmach	NCAA Division III Outdoor Track & Field Championships	May 27, 2021
2	Bethel (Minn.)	48.93	Babalola, Scott, Richards, Perrenoud	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
3	St. Benedict	49.00	Speidel, Brown, McLoone, Gallagher	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
4	Gustavus Adolphus	49.18	Adebisi, Kes, Patterson, Nelson	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
5	Hamline	49.94	Lowe, Logelin, Gilbert, Miller	2021 MIAC Outdoor Track & Field Championships	May 14, 2021

	Team	Time	Athletes	Meet	Meet Date
6	Macalester	50.61		2021 MIAC Outdoor Track & Field Championships	May 14, 2021
7	Saint Mary's (Minn.)	50.75	Ganley, Joens, Maul, Freire	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
8	Carleton	50.78		2021 MIAC Outdoor Track & Field Championships	May 14, 2021
9	St. Olaf	51.00	Poore, Collins, Kroschel, Pettitt-Kenney	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
10	Concordia-Moorhead	51.51	Guler, Ramberg, Shercliffe, Lilleberg	2021 MIAC Outdoor Track & Field Championships	May 14, 2021

## 4 x 400 Relay

	Team	Time	Athletes	Meet	Meet Date
1	Bethel (Minn.)	3:48.37	Sankey, Sealock, Nordberg, Turek	NCAA Final Qualifier @ UW-La Crosse	May 19, 2021
2	Saint Mary's (Minn.)	4:01.24	Ganley, Swanson, Klausler, Gearin	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
3	St. Thomas (Minn.)	4:02.20	Cater, O'Connor, McGuire, Lyrek	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
4	Concordia-Moorhead	4:03.66	Guler, Fornshell, Selle, Herrmann	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
5	St. Olaf	4:05.06	Salfer, Hauch, Kroschel, Pettitt-Kenney	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
6	Hamline	4:05.13	Logelin, Maddux, Hoelscher, Bernardy	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
7	St. Benedict	4:10.22	Krasowski, Mahota, Merten, Mitch	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
8	Carleton	4:11.26	Cordova, Osha, Cutter, Kropp	St. Thomas Tommie Twilight	May 5, 2021
9	Gustavus Adolphus	4:12.46	Moen, Rakow, Adebisi, Donnelly	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
10	Macalester	4:25.13	Gregor, Williams, Rodriguez, Stern	St. Olaf Women's Invitational	Apr 10, 2021
11	St. Catherine (Minn.)	4:35.39	Erlandson, Martin, Barkosky, Meyer	St. Olaf Meet of the Saints	Apr 23, 2021

## 4 x 800 Relay

	Team	Time	Athletes	Meet	Meet Date
1	Hamline	9:23.77	Bernardy, Dolan, Hoelscher, Maddux	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
2	St. Olaf	9:33.64	Mickelson, Seaton, Rohrer, Hauch	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
3	Gustavus Adolphus	9:36.40	Blake, Moen, Whitcomb, Donnelly	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
4	Bethel (Minn.)	9:37.33	Brockberg, Cole, Holloway, Ihde	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
5	St. Thomas (Minn.)	9:46.92	Gerber, O'Connor, Simon, Cater	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
6	Carleton	9:48.41	Smith, Kropp, Zimmerman, Marsh	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
7	Concordia-Moorhead	9:51.75	Guler, Fornshell, Miller, Fredrickson	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
8	St. Benedict	10:02.07	Renier, Maahs, Yeager, Lyngen	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
9	Macalester	10:03.71	Drake, Froh, Jenssen, Lobo	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
10	St. Catherine (Minn.)	10:20.12	Clark, Martin, Kimbrell, McMahon	2021 MIAC Outdoor Track & Field Championships	May 14, 2021

## High Jump

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
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	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Mark</b>	<b>Conv</b>	<b>Meet</b>	<b>Meet Date</b>
1	Ohde, Rachel	JR-3	Saint Mary's (Minn.)	1.64m	5' 4.5"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
2	Joens, Bailey	SR-4	Saint Mary's (Minn.)	1.62m	5' 3.75"	Augustana College Midwest Twilight Final Qualifier	May 20, 2021
3	Lundquist, Elsie	SR-4	St. Catherine (Minn.)	1.61m	5' 3.25"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
3	Brocker, Halley	SO-2	Gustavus Adolphus	1.61m	5' 3.25"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
5	Nelson, AnnaGrace	FR-1	Bethel (Minn.)	1.58m	5' 2.25"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
5	Schoenfelder, Alaina	FR-1	St. Thomas (Minn.)	1.58m	5' 2.25"	St. Olaf Ole Open	May 8, 2021
7	Bodin, Gabby	FR-1	St. Catherine (Minn.)	1.56m	5' 1.25"	MIAC Multi Events	May 6, 2021
8	Farrell, Eve	JR-3	Carleton	1.55m	5' 1"	St. Olaf Women's Invitational	Apr 10, 2021
9	Selle, Peyton	FR-1	Concordia-Moorhead	1.53m	5' 0.25"	Ron Masanz Track & Field Classic	Apr 30, 2021
9	Pettitt-Kenney, Teresa	SO-2	St. Olaf	1.53m	5' 0.25"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
11	Jones, Ashlyn	JR-3	St. Thomas (Minn.)	1.52m	4' 11.75"	CSB / SJU Outdoor Meet	Mar 27, 2021
12	Rakow, Ally	FR-1	Gustavus Adolphus	1.50m	4' 11"	NSIC & Friends Outdoor Challenge	May 1, 2021
13	Selisker, Elizabeth	FR-1	St. Benedict	1.48m	4' 10.25"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
13	Loving, Jasmine	SR-4	Macalester	1.48m	4' 10.25"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
13	Nichols, Claire	FR-1	St. Catherine (Minn.)	1.48m	4' 10.25"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
16	Blanchette, Grace	SO-2	Carleton	1.47m	4' 9.75"	MIAC Multi Events	May 6, 2021
16	Zamacona, Aoife	SO-2	Hamline	1.47m	4' 9.75"	MIAC Multi Events	May 6, 2021
16	Motley, Olivia	FR-1	Gustavus Adolphus	1.47m	4' 9.75"	Drake Alternative	Apr 24, 2021
19	Marsh, Sydney	JR-3	Carleton	1.45m	4' 9"	St. Olaf Meet of the Saints	Apr 23, 2021
20	Ethen, Corrie	SR-4	Concordia-Moorhead	1.41m	4' 7.5"	CSB / SJU Outdoor Meet	Mar 27, 2021
21	Abara, Lena	JR-3	St. Thomas (Minn.)	1.40m	4' 7"	Saint John's 4th Weekly Invitational	Apr 17, 2021
22	Hofstede, Ellen	FR-1	Gustavus Adolphus	1.37m	4' 6"	Drake Alternative	Apr 24, 2021
23	Johnson, Tiana	FR-1	St. Benedict	1.36m	4' 5.5"	St. Olaf Meet of the Saints	Apr 23, 2021
23	Pickthorn, Stephanie	JR-3	St. Benedict	1.36m	4' 5.5"	Saint John's 4th Weekly Invitational	Apr 17, 2021
25	Salfer, Rebekah	SO-2	St. Olaf	1.35m	4' 5"	St. Olaf Women's Invitational	Apr 10, 2021
26	Paul, Sally	JR-3	Bethel (Minn.)	1.33m	4' 4.25"	Saint John's 4th Weekly Invitational	Apr 17, 2021
27	Hippen, Claire	FR-1	St. Benedict	1.31m	4' 3.5"	St. Olaf Meet of the Saints	Apr 23, 2021

## Pole Vault

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Mark</b>	<b>Conv</b>	<b>Meet</b>	<b>Meet Date</b>
1	Gearin, Caroline	FR-1	Saint Mary's (Minn.)	3.53m	11' 7"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
1	Lilland, Jessica	FR-1	Bethel (Minn.)	3.53m	11' 7"	Kent Stahly Invitational	Apr 17, 2021
3	Mor, Doris-Klein	SO-2	Gustavus Adolphus	3.50m	11' 5.75"	Lee Krough Invitational	Apr 10, 2021
4	Evans, Gabrielle	JR-3	Carleton	3.43m	11' 3"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
4	Grosse, Hannah	JR-3	Macalester	3.43m	11' 3"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Mark</b>	<b>Conv</b>	<b>Meet</b>	<b>Meet Date</b>
6	Pettitt-Kenney, Teresa	SO-2	St. Olaf	3.28m	10' 9"	NCAA Final Qualifier @ UW-La Crosse	May 19, 2021
7	Koelz, Sadie	JR-3	Bethel (Minn.)	3.25m	10' 8"	CSB / SJU Outdoor Easter Meet	Apr 2, 2021
8	Lemke, Olivia	SO-2	St. Thomas (Minn.)	3.23m	10' 7"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
8	Marsh, Sydney	JR-3	Carleton	3.23m	10' 7"	Rider / Bolstorff Invitational	May 1, 2021
8	Brockish, Rachel	SO-2	St. Thomas (Minn.)	3.23m	10' 7"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
8	Sowinski, Maddie	FR-1	Hamline	3.23m	10' 7"	Rider / Bolstorff Invitational	May 1, 2021
12	Hoff, Olivia	JR-3	St. Benedict	3.13m	10' 3.25"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
12	Harren, Shanoah	SR-4	Hamline	3.13m	10' 3.25"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
14	Roberts, Melanie	FR-1	St. Olaf	3.07m	10' 0.75"	St. Olaf Ole Open	May 8, 2021
15	Witham, Zoe	JR-3	St. Benedict	3.05m	10' 0"	CSB / SJU Outdoor Meet	Mar 27, 2021
15	Freire, Nathalie	SO-2	Saint Mary's (Minn.)	3.05m	10' 0"	Kent Stahly Invitational	Apr 17, 2021
17	Salfer, Caitlin	SO-2	St. Benedict	2.98m	9' 9.25"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
17	Cordes, Julia	SO-2	St. Olaf	2.98m	9' 9.25"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
19	Collins, Clare	SO-2	St. Olaf	2.92m	9' 7"	St. Olaf Ole Open	May 8, 2021
20	Pierson, Grace	FR-1	Hamline	2.90m	9' 6.25"	Kent Stahly Invitational	Apr 17, 2021
20	Litton, Emily	SO-2	Carleton	2.90m	9' 6.25"	St. Thomas Tommie Twilight	May 5, 2021
20	Harris, Signe	FR-1	Bethel (Minn.)	2.90m	9' 6.25"	Kent Stahly Invitational	Apr 17, 2021
23	Oldfield, Sophia	JR-3	Macalester	2.63m	8' 7.5"	Rider / Bolstorff Invitational	May 1, 2021
24	Goetzman, Julia	SO-2	Bethel (Minn.)	2.62m	8' 7"	University of St. Thomas Tomcat Invitational	Apr 30, 2021
25	Danielzuk, Katie	FR-1	Hamline	2.48m	8' 1.5"	Rider / Bolstorff Invitational	May 1, 2021
26	Greeder, Caylee	FR-1	Gustavus Adolphus	2.45m	8' 0.5"	NSIC & Friends Outdoor Challenge	May 1, 2021
27	Chromey, Allyson	FR-1	Hamline	2.30m	7' 6.5"	Hamline Easter Eve Invite	Apr 3, 2021

## Long Jump

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Mark</b>	<b>Conv</b>	<b>Meet</b>	<b>Meet Date</b>
1	Klausler, Sydney	SO-2	Saint Mary's (Minn.)	5.55m	18' 2.5"	SMU Drake Alternative	Apr 24, 2021
2	Lundquist, Elsie	SR-4	St. Catherine (Minn.)	5.30m	17' 4.75"	St. Olaf Ole Open	May 8, 2021
3	Perrenoud, Grace	SO-2	Bethel (Minn.)	5.25m	17' 2.75"	Kent Stahly Invitational	Apr 17, 2021
3	Valley, Jen	FR-1	Hamline	5.25m	17' 2.75"	Kent Stahly Invitational	Apr 17, 2021
3	Marsh, Sydney	JR-3	Carleton	5.25m	17' 2.75"	MIAC Multi Events	May 6, 2021
3	Ennevov, Mikayla	JR-3	Macalester	5.25m	17' 2.75"	Rider / Bolstorff Invitational	May 1, 2021
7	Muller, Annika	SO-2	St. Olaf	5.22m	17' 1.5"	St. Thomas Tommie Twilight	May 5, 2021
8	Kes, Madi	FR-1	Gustavus Adolphus	5.21m	17' 1.25"	Maverick Classic	May 7, 2021
8	Amundson, Journey	SO-2	Macalester	5.21m	17' 1.25"	Carleton Relays	Apr 16, 2021
8	Terry, Jordan	JR-3	Augsburg	5.21m	17' 1.25"	Saint John's Last Minute Meet	Apr 10, 2021

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Mark</b>	<b>Conv</b>	<b>Meet</b>	<b>Meet Date</b>
8	Woldt, Paige	SR-4	St. Olaf	5.21m	17' 1.25"	St. Olaf Ole Open	May 8, 2021
12	Van Goethem, Abigail	SR-4	Hamline	5.16m	16' 11.25"	Rider / Bolstorff Invitational	May 1, 2021
13	McLoone, Aidan	SO-2	St. Benedict	5.13m	16' 10"	CSB / SJU Outdoor Meet	Mar 27, 2021
14	Selisker, Elizabeth	FR-1	St. Benedict	5.09m	16' 8.5"	St. Thomas Tommie Twilight	May 5, 2021
14	Patterson, Paige	JR-3	Gustavus Adolphus	5.09m	16' 8.5"	NSIC & Friends Outdoor Challenge	May 1, 2021
16	Pickthorn, Stephanie	JR-3	St. Benedict	5.08m	16' 8"	MIAC Multi Events	May 6, 2021
17	Zurbay, Megan	SR-4	St. Thomas (Minn.)	5.07m	16' 7.75"	St. Thomas Tommie Twilight	May 5, 2021
17	Richards, Lauren	FR-1	Bethel (Minn.)	5.07m	16' 7.75"	Kent Stahly Invitational	Apr 17, 2021
19	Schepper, Reilee	SO-2	St. Catherine (Minn.)	5.05m	16' 7"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
20	Gilbert, Briana	FR-1	Hamline	5.04m	16' 6.5"	Rider / Bolstorff Invitational	May 1, 2021
21	Selle, Peyton	FR-1	Concordia-Moorhead	5.03m	16' 6"	NCC Gregory Final Qualifier Track & Field Meet-2021	May 19, 2021
22	Hobby, Sarah Beth	FR-1	Macalester	5.01m	16' 5.25"	Rider / Bolstorff Invitational	May 1, 2021
23	Carlisle, Calonna	FR-1	Hamline	5.00m	16' 5"	Rider / Bolstorff Invitational	May 1, 2021
24	Gregor, Sara	SO-2	Macalester	4.98m	16' 4.25"	Rider / Bolstorff Invitational	May 1, 2021
25	Bodin, Gabby	FR-1	St. Catherine (Minn.)	4.97m	16' 3.75"	MIAC Multi Events	May 6, 2021
25	McDermott, Madeline	JR-3	Gustavus Adolphus	4.97m	16' 3.75"	NSIC & Friends Outdoor Challenge	May 1, 2021
27	Salfer, Rebekah	SO-2	St. Olaf	4.94m	16' 2.5"	University of St. Thomas Tomcat Invitational	Apr 30, 2021
28	Joens, Bailey	SR-4	Saint Mary's (Minn.)	4.93m	16' 2.25"	St. Mary's (Minn.) Masked Mayhem	Mar 27, 2021
29	Carson, Maya	SO-2	St. Thomas (Minn.)	4.92m	16' 1.75"	St. Olaf Ole Open	May 8, 2021
29	Cordes, Julia	SO-2	St. Olaf	4.92m	16' 1.75"	St. Olaf Ole Open	May 8, 2021

## Triple Jump

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Mark</b>	<b>Conv</b>	<b>Meet</b>	<b>Meet Date</b>
1	Kes, Madi	FR-1	Gustavus Adolphus	11.77m	38' 7.5"	Lee Krough Invitational	Apr 10, 2021
2	Woldt, Paige	SR-4	St. Olaf	11.76m	38' 7"	St. Olaf Ole Open	May 8, 2021
3	Amundson, Journey	SO-2	Macalester	11.57m	37' 11.5"	NCAA Final Qualifier @ UW-La Crosse	May 19, 2021
4	Muller, Annika	SO-2	St. Olaf	11.37m	37' 3.75"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
5	McDermott, Madeline	JR-3	Gustavus Adolphus	11.31m	37' 1.25"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
6	Giles, DeAnna	JR-3	Gustavus Adolphus	11.09m	36' 4.75"	NCAA Final Qualifier @ UW-La Crosse	May 19, 2021
7	Lundquist, Elsie	SR-4	St. Catherine (Minn.)	11.04m	36' 2.75"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
8	Patterson, Paige	JR-3	Gustavus Adolphus	10.95m	35' 11.25"	Tribute Twilight #2020 @ UW-La Crosse	Apr 2, 2021
9	Nelson, AnnaGrace	FR-1	Bethel (Minn.)	10.94m	35' 10.75"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
10	Van Goethem, Abigail	SR-4	Hamline	10.91m	35' 9.5"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
11	Schepper, Reilee	SO-2	St. Catherine (Minn.)	10.88m	35' 8.5"	Hamline Easter Eve Invite	Apr 3, 2021
12	McLoone, Aidan	SO-2	St. Benedict	10.83m	35' 6.5"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Mark</b>	<b>Conv</b>	<b>Meet</b>	<b>Meet Date</b>
13	Greeder, Caylee	FR-1	Gustavus Adolphus	10.74m	35' 3"	Maverick Classic	May 7, 2021
14	Perrenoud, Grace	SO-2	Bethel (Minn.)	10.72m	35' 2"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
15	Lehrer, Mariana	FR-1	St. Thomas (Minn.)	10.63m	34' 10.5"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
16	Parker, Ainslee	FR-1	St. Olaf	10.59m	34' 9"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
17	Pickthorn, Stephanie	JR-3	St. Benedict	10.52m	34' 6.25"	University of St. Thomas Tomcat Invitational	Apr 30, 2021
18	Brohmer, Maddie	SO-2	St. Thomas (Minn.)	10.50m	34' 5.5"	St. Olaf Ole Open	May 8, 2021
19	Gilbert, Briana	FR-1	Hamline	10.49m	34' 5"	Hamline Easter Eve Invite	Apr 3, 2021
20	Gray, Sydney	SO-2	St. Thomas (Minn.)	10.40m	34' 1.5"	Saint John's 4th Weekly Invitational	Apr 17, 2021
21	Valley, Jen	FR-1	Hamline	10.39m	34' 1.25"	Hamline Easter Eve Invite	Apr 3, 2021
22	Zurbay, Megan	SR-4	St. Thomas (Minn.)	10.36m	34' 0"	St. Olaf Meet of the Saints	Apr 23, 2021
23	Carlisle, Calonna	FR-1	Hamline	10.32m	33' 10.25"	Rider / Bolstorff Invitational	May 1, 2021
24	Kenning, Avery	SO-2	Concordia-Moorhead	10.27m	33' 8.5"	Saint John's 4th Weekly Invitational	Apr 17, 2021
25	Paul, Sally	JR-3	Bethel (Minn.)	10.08m	33' 1"	University of St. Thomas Tomcat Invitational	Apr 30, 2021
26	Lilleberg, Nicole	JR-3	Concordia-Moorhead	10.02m	32' 10.5"	St. Olaf Ole Open	May 8, 2021
27	Siebenahler, Courtney	SR-4	St. Benedict	10.01m	32' 10.25"	CSB / SJU Outdoor Easter Meet	Apr 2, 2021
28	Nichols, Kyra	SO-2	Concordia-Moorhead	9.91m	32' 6.25"	Saint John's Last Minute Meet	Apr 10, 2021
29	Leverentz, Bryana	SO-2	St. Catherine (Minn.)	9.73m	31' 11.25"	University of St. Thomas Tomcat Invitational	Apr 30, 2021
30	Knighton-Johnson, Kayli	SO-2	Bethel (Minn.)	9.71m	31' 10.25"	St. Thomas Tommie Twilight	May 5, 2021

## Shot Put

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Mark</b>	<b>Conv</b>	<b>Meet</b>	<b>Meet Date</b>
1	Gehrke, Megan	JR-3	St. Thomas (Minn.)	15.19m	49' 10"	NCAA Division III Outdoor Track & Field Championships	May 27, 2021
2	Hovland, Cayle	JR-3	Concordia-Moorhead	13.84m	45' 5"	Saint John's Last Minute Meet	Apr 10, 2021
2	Poe, Annika	FR-1	Gustavus Adolphus	13.84m	45' 5"	NSIC & Friends Outdoor Challenge	May 1, 2021
4	Keske, Aleah	FR-1	St. Olaf	13.30m	43' 7.75"	St. Olaf Ole Open	May 8, 2021
5	Kolstad, Alexandra	SO-2	Hamline	13.15m	43' 1.75"	Hamline Easter Eve Invite	Apr 3, 2021
6	Keiser, Savanna	SR-4	Hamline	12.48m	40' 11.5"	Rider / Bolstorff Invitational	May 1, 2021
7	Isaacson, Lauren	SO-2	St. Catherine (Minn.)	12.29m	40' 4"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
8	Roethler, Emma	FR-1	Bethel (Minn.)	12.27m	40' 3.25"	University of St. Thomas Tomcat Invitational	Apr 30, 2021
9	Schlosser, Jacey	SO-2	Concordia-Moorhead	12.18m	39' 11.5"	CSB / SJU Outdoor Meet	Mar 27, 2021
10	Hedtke, Sam	FR-1	St. Olaf	11.97m	39' 3.25"	St. Thomas Tommie Twilight	May 5, 2021
11	Biggins, Ellie	SO-2	Hamline	11.93m	39' 1.75"	Kent Stahly Invitational	Apr 17, 2021
12	Joos, Haley	FR-1	St. Benedict	11.51m	37' 9.25"	CSB / SJU Outdoor Easter Meet	Apr 2, 2021
13	Bagstad, Jayda	SR-4	Hamline	11.41m	37' 5.25"	Saint John's Last Minute Meet	Apr 10, 2021
14	Kubes, Samantha	FR-1	Saint Mary's (Minn.)	11.38m	37' 4"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Mark</b>	<b>Conv</b>	<b>Meet</b>	<b>Meet Date</b>
15	Horvath, Chando	FR-1	St. Catherine (Minn.)	10.94m	35' 10.75"	St. Thomas Tommie Twilight	May 5, 2021
16	Fettig, Kelsie	FR-1	Bethel (Minn.)	10.79m	35' 5"	Kent Stahly Invitational	Apr 17, 2021
17	Bechtold, Kendall	SO-2	St. Benedict	10.73m	35' 2.5"	CSB / SJU Outdoor Easter Meet	Apr 2, 2021
17	Packer, Payton	FR-1	Hamline	10.73m	35' 2.5"	Saint John's Last Minute Meet	Apr 10, 2021
19	Irsfeld, Peyton	FR-1	St. Olaf	10.70m	35' 1.25"	Rider / Bolstorff Invitational	May 1, 2021
19	Al-Juhari, Alea	SO-2	St. Olaf	10.70m	35' 1.25"	St. Olaf Meet of the Saints	Apr 23, 2021
19	Beckmann, Maggie	JR-3	St. Benedict	10.70m	35' 1.25"	Saint John's Last Minute Meet	Apr 10, 2021
22	Nelson, Nicole	FR-1	Gustavus Adolphus	10.69m	35' 1"	Maverick Classic	May 7, 2021
23	Bach, Dana	SO-2	Gustavus Adolphus	10.60m	34' 9.5"	Maverick Classic	May 7, 2021
24	White, Emily	JR-3	Concordia-Moorhead	10.49m	34' 5"	Ron Masanz Track & Field Classic	Apr 30, 2021
25	Duerr, Samantha	FR-1	St. Benedict	10.39m	34' 1.25"	CSB / SJU Outdoor Meet	Mar 27, 2021
26	Monson, Monica	SR-4	St. Benedict	10.29m	33' 9.25"	St. Thomas Tommie Twilight	May 5, 2021
27	Tarvestad, Sarah	JR-3	St. Olaf	10.23m	33' 6.75"	Rider / Bolstorff Invitational	May 1, 2021
28	Selle, Peyton	FR-1	Concordia-Moorhead	10.01m	32' 10.25"	CSB / SJU Outdoor Meet	Mar 27, 2021
29	Lundquist, Elsie	SR-4	St. Catherine (Minn.)	9.95m	32' 7.75"	Holst Invitational	Apr 17, 2021
30	Joens, Bailey	SR-4	Saint Mary's (Minn.)	9.83m	32' 3"	MIAC Multi Events	May 6, 2021

## Discus

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Mark</b>	<b>Conv</b>	<b>Meet</b>	<b>Meet Date</b>
1	Gehrke, Megan	JR-3	St. Thomas (Minn.)	45.85m	150' 5"	Saint John's 4th Weekly Invitational	Apr 17, 2021
2	Hovland, Cayle	JR-3	Concordia-Moorhead	44.76m	146' 10"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
3	Isaacson, Lauren	SO-2	St. Catherine (Minn.)	43.33m	142' 2"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
4	Keske, Aleah	FR-1	St. Olaf	42.31m	138' 10"	St. Olaf Women's Invitational	Apr 10, 2021
5	Rodney, Jenneel	SO-2	Hamline	42.13m	138' 3"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
6	Keiser, Savanna	SR-4	Hamline	41.96m	137' 8"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
7	Guidry, Alexys	FR-1	Gustavus Adolphus	41.15m	135' 0"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
8	Reed, Madison	FR-1	Hamline	38.86m	127' 6"	Saint John's Last Minute Meet	Apr 10, 2021
9	Schlosser, Jacey	SO-2	Concordia-Moorhead	38.79m	127' 3"	St. Olaf Ole Open	May 8, 2021
10	Hedtke, Sam	FR-1	St. Olaf	38.37m	125' 11"	Carleton Relays	Apr 16, 2021
11	Poe, Annika	FR-1	Gustavus Adolphus	38.25m	125' 6"	Carleton Relays	Apr 16, 2021
12	Beckmann, Maggie	JR-3	St. Benedict	37.36m	122' 7"	Saint John's Last Minute Meet	Apr 10, 2021
13	Horvath, Chando	FR-1	St. Catherine (Minn.)	36.62m	120' 2"	St. Olaf Ole Open	May 8, 2021
14	White, Emily	JR-3	Concordia-Moorhead	36.47m	119' 8"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
15	Packer, Payton	FR-1	Hamline	36.39m	119' 5"	Rider / Bolstorff Invitational	May 1, 2021
16	Argiro, Colette	FR-1	St. Thomas (Minn.)	36.27m	119' 0"	St. Olaf Ole Open	May 8, 2021

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Mark</b>	<b>Conv</b>	<b>Meet</b>	<b>Meet Date</b>
17	Roethler, Emma	FR-1	Bethel (Minn.)	36.23m	118' 10"	CSB / SJU Outdoor Easter Meet	Apr 2, 2021
18	Olson-Sola, Annalee	SO-2	Gustavus Adolphus	36.05m	118' 3"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
19	Borstad, Berit	SR-4	St. Thomas (Minn.)	35.12m	115' 3"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
20	Manikowski, Lara	JR-3	St. Benedict	34.20m	112' 2"	University of St. Thomas Tomcat Invitational	Apr 30, 2021
21	Nelson, Nicole	FR-1	Gustavus Adolphus	33.66m	110' 5"	Tribute Twilight #2020 @ UW-La Crosse	Apr 2, 2021
22	Hoernemann, Chelsea	FR-1	Gustavus Adolphus	32.49m	106' 7"	Maverick Classic	May 7, 2021
23	Mohlin, Lexi	FR-1	St. Thomas (Minn.)	32.42m	106' 4"	St. Olaf Ole Open	May 8, 2021
24	Monson, Monica	SR-4	St. Benedict	32.25m	105' 10"	University of St. Thomas Tomcat Invitational	Apr 30, 2021
25	Bagstad, Jayda	SR-4	Hamline	31.78m	104' 3"	Hamline Easter Eve Invite	Apr 3, 2021
26	Irsfeld, Peyton	FR-1	St. Olaf	31.39m	103' 0"	St. Olaf Ole Open	May 8, 2021
27	Joos, Haley	FR-1	St. Benedict	31.36m	102' 11"	St. Olaf Meet of the Saints	Apr 23, 2021
28	Palme, Sofia	SR-4	Concordia-Moorhead	30.98m	101' 8"	St. Olaf Ole Open	May 8, 2021
29	Willis, Nyjah	JR-3	Hamline	30.36m	99' 7"	Rider / Bolstorff Invitational	May 1, 2021
30	Ellinghuysen, Lexi	FR-1	Bethel (Minn.)	29.90m	98' 1"	Falcon Invite	Apr 10, 2021

## Hammer

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Mark</b>	<b>Conv</b>	<b>Meet</b>	<b>Meet Date</b>
1	Borstad, Berit	SR-4	St. Thomas (Minn.)	55.85m	183' 3"	NCAA Final Qualifier @ UW-La Crosse	May 19, 2021
2	Rodney, Jenneel	SO-2	Hamline	53.24m	174' 8"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
3	Fiecke, Madison	SO-2	Hamline	46.93m	154' 0"	Hamline Easter Eve Invite	Apr 3, 2021
4	Hovland, Cayle	JR-3	Concordia-Moorhead	44.96m	147' 6"	Ron Masanz Track & Field Classic	Apr 30, 2021
5	Kangas, Allyson	JR-3	Concordia-Moorhead	44.34m	145' 6"	St. Olaf Ole Open	May 8, 2021
6	Willis, Nyjah	JR-3	Hamline	44.24m	145' 2"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
7	Wagner, Lauren	JR-3	Bethel (Minn.)	44.15m	144' 10"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
8	Reed, Madison	FR-1	Hamline	43.32m	142' 1"	Rider / Bolstorff Invitational	May 1, 2021
9	Bosman, Neenah	FR-1	Carleton	42.25m	138' 7"	Rider / Bolstorff Invitational	May 1, 2021
10	Beckmann, Maggie	JR-3	St. Benedict	41.69m	136' 9"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
11	Kubes, Samantha	FR-1	Saint Mary's (Minn.)	41.06m	134' 8"	University of St. Thomas Tomcat Invitational	Apr 30, 2021
12	Biggins, Ellie	SO-2	Hamline	39.84m	130' 8"	Hamline Easter Eve Invite	Apr 3, 2021
13	Schlosser, Jacey	SO-2	Concordia-Moorhead	39.14m	128' 5"	Ron Masanz Track & Field Classic	Apr 30, 2021
14	Nelson, Nicole	FR-1	Gustavus Adolphus	38.74m	127' 1"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
15	Ellinghuysen, Lexi	FR-1	Bethel (Minn.)	38.48m	126' 3"	Falcon Invite	Apr 10, 2021
16	Horvath, Chando	FR-1	St. Catherine (Minn.)	38.31m	125' 8"	St. Thomas Tommie Twilight	May 5, 2021
17	Monson, Monica	SR-4	St. Benedict	38.30m	125' 8"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
18	Kolstad, Alexandra	SO-2	Hamline	38.20m	125' 4"	Rider / Bolstorff Invitational	May 1, 2021

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Mark</b>	<b>Conv</b>	<b>Meet</b>	<b>Meet Date</b>
19	Palme, Sofia	SR-4	Concordia-Moorhead	38.10m	125' 0"	Saint John's Last Minute Meet	Apr 10, 2021
20	Lukenbill, Molly	FR-1	Bethel (Minn.)	37.86m	124' 2"	St. Thomas Tommie Twilight	May 5, 2021
21	Bach, Dana	SO-2	Gustavus Adolphus	36.81m	120' 9"	Maverick Classic	May 7, 2021
22	White, Emily	JR-3	Concordia-Moorhead	36.62m	120' 2"	Ron Masanz Track & Field Classic	Apr 30, 2021
23	Mohlin, Lexi	FR-1	St. Thomas (Minn.)	36.54m	119' 10"	St. Olaf Ole Open	May 8, 2021
24	Joos, Haley	FR-1	St. Benedict	36.22m	118' 10"	University of St. Thomas Tomcat Invitational	Apr 30, 2021
25	Argiro, Colette	FR-1	St. Thomas (Minn.)	35.49m	116' 5"	St. Thomas Tommie Twilight	May 5, 2021
26	Packer, Payton	FR-1	Hamline	34.58m	113' 5"	Rider / Bolstorff Invitational	May 1, 2021
27	Manikowski, Lara	JR-3	St. Benedict	33.64m	110' 4"	St. Olaf Meet of the Saints	Apr 23, 2021
27	Keske, Aleah	FR-1	St. Olaf	33.64m	110' 4"	St. Olaf Women's Invitational	Apr 10, 2021
29	Fettig, Kelsie	FR-1	Bethel (Minn.)	33.35m	109' 5"	St. Thomas Tommie Twilight	May 5, 2021
30	Irsfeld, Peyton	FR-1	St. Olaf	32.50m	106' 7"	St. Olaf Ole Open	May 8, 2021

## Javelin

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Mark</b>	<b>Conv</b>	<b>Meet</b>	<b>Meet Date</b>
1	Swanson, Anna	FR-1	Saint Mary's (Minn.)	46.65m	153' 1"	NCAA Division III Outdoor Track & Field Championships	May 27, 2021
2	Leverentz, Bryana	SO-2	St. Catherine (Minn.)	40.36m	132' 5"	Hamline Easter Eve Invite	Apr 3, 2021
3	Van Goethem, Abigail	SR-4	Hamline	40.07m	131' 5"	Hamline Easter Eve Invite	Apr 3, 2021
4	Wagner, Lauren	JR-3	Bethel (Minn.)	35.71m	117' 2"	University of St. Thomas Tomcat Invitational	Apr 30, 2021
5	Selle, Peyton	FR-1	Concordia-Moorhead	33.40m	109' 7"	Ron Masanz Track & Field Classic	Apr 30, 2021
6	Werk, Aubrie	FR-1	Concordia-Moorhead	33.30m	109' 3"	St. Olaf Ole Open	May 8, 2021
7	Erickson, Rachel	SO-2	Gustavus Adolphus	33.13m	108' 8"	Carleton Relays	Apr 16, 2021
8	Bonin, Lauren	FR-1	Bethel (Minn.)	33.08m	108' 6"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
9	Paul, Sally	JR-3	Bethel (Minn.)	32.79m	107' 7"	University of St. Thomas Tomcat Invitational	Apr 30, 2021
10	Paulson, Jessie	FR-1	Concordia-Moorhead	32.17m	105' 6"	NSU Spring Open	Apr 24, 2021
11	Merten, Johanna	SR-4	St. Benedict	31.90m	104' 8"	NCAA Final Qualifier @ UW-La Crosse	May 19, 2021
12	Pickthorn, Stephanie	JR-3	St. Benedict	31.64m	103' 10"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
13	Hobby, Sarah Beth	FR-1	Macalester	31.46m	103' 2"	Rider / Bolstorff Invitational	May 1, 2021
14	Freire, Nathalie	SO-2	Saint Mary's (Minn.)	30.95m	101' 6"	St. Mary's (Minn.) Masked Mayhem	Mar 27, 2021
15	Blanchette, Grace	SO-2	Carleton	30.50m	100' 1"	Carleton Relays	Apr 16, 2021
16	Schlosser, Jacey	SO-2	Concordia-Moorhead	30.20m	99' 1"	Saint John's Last Minute Meet	Apr 10, 2021
17	Fiecke, Madison	SO-2	Hamline	29.92m	98' 2"	Hamline Easter Eve Invite	Apr 3, 2021
18	Loving, Jasmine	SR-4	Macalester	29.41m	96' 6"	St. Olaf Ole Open	May 8, 2021
19	Forness, Lauren	SO-2	Concordia-Moorhead	28.89m	94' 9"	Ron Masanz Track & Field Classic	Apr 30, 2021
20	Joens, Bailey	SR-4	Saint Mary's (Minn.)	28.71m	94' 2"	MIAC Multi Events	May 6, 2021

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Mark</b>	<b>Conv</b>	<b>Meet</b>	<b>Meet Date</b>
21	Martin, Erin	FR-1	St. Benedict	27.82m	91' 3"	University of St. Thomas Tomcat Invitational	Apr 30, 2021
22	Lundquist, Elsie	SR-4	St. Catherine (Minn.)	27.52m	90' 3"	Hamline Easter Eve Invite	Apr 3, 2021
23	Farrell, Eve	JR-3	Carleton	26.65m	87' 5"	Carleton Relays	Apr 16, 2021
24	Marsh, Sydney	JR-3	Carleton	26.46m	86' 10"	MIAC Multi Events	May 6, 2021
25	Speidel, Dacoda	JR-3	St. Benedict	26.22m	86' 0"	2021 MIAC Outdoor Track & Field Championships	May 14, 2021
26	Kiland, Rhaegan	SO-2	Concordia-Moorhead	25.36m	83' 2"	Saint John's Last Minute Meet	Apr 10, 2021
27	Salfer, Rebekah	SO-2	St. Olaf	24.63m	80' 10"	MIAC Multi Events	May 6, 2021
28	Ellinghuysen, Lexi	FR-1	Bethel (Minn.)	23.82m	78' 2"	Falcon Invite	Apr 10, 2021
29	Zamacona, Aoife	SO-2	Hamline	23.23m	76' 2"	MIAC Multi Events	May 6, 2021
30	Thompson, Taylor	JR-3	Gustavus Adolphus	22.50m	73' 10"	Drake Alternative	Apr 24, 2021

## Heptathlon

	<b>Athlete</b>	<b>Year</b>	<b>Team</b>	<b>Points</b>	<b>Meet</b>	<b>Meet Date</b>
1	Selle, Peyton	FR-1	Concordia-Moorhead	4265	NCC Gregory Final Qualifier Track & Field Meet-2021	May 19, 2021
2	Marsh, Sydney	JR-3	Carleton	3951	MIAC Multi Events	May 6, 2021
3	Pickthorn, Stephanie	JR-3	St. Benedict	3891	MIAC Multi Events	May 6, 2021
4	Joens, Bailey	SR-4	Saint Mary's (Minn.)	3885	MIAC Multi Events	May 6, 2021
5	Salfer, Rebekah	SO-2	St. Olaf	3846	MIAC Multi Events	May 6, 2021
6	Paul, Sally	JR-3	Bethel (Minn.)	3838	MIAC Multi Events	May 6, 2021
7	Blanchette, Grace	SO-2	Carleton	3724	MIAC Multi Events	May 6, 2021
8	Bodin, Gabby	FR-1	St. Catherine (Minn.)	3573	MIAC Multi Events	May 6, 2021
9	Loving, Jasmine	SR-4	Macalester	3413	MIAC Multi Events	May 6, 2021
10	Farrell, Eve	JR-3	Carleton	3262	MIAC Multi Events	May 6, 2021
11	Zamacona, Aoife	SO-2	Hamline	3051	MIAC Multi Events	May 6, 2021

